**USEFUL CONTACTS AND WEBSITES**

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| Safeguarding in Sport | Children 1st  Unit 8000 Academy Park  Gower Street  Glasgow  G51 1PR  [www.safeguardinginsport.org.uk](http://www.safeguardinginsport.org.uk) |
| Children 1ST | 83 Whitehouse Loan, Edinburgh  EH9 1AT  0131 446 2300  [www.children1st.org.uk](http://www.children1st.org.uk) |
| **sport**scotland  Help For Clubs | Doges, Templeton on the Green  62 Templeton Street, Glasgow,  G40 1SA  0141 534 6500  [www.sportscotland.org.uk](http://www.sportscotland.org.uk)  [www.helpforclubs.org.uk](http://www.helpforclubs.org.uk) |
| ChildLine | 0800 1111  [www.childline.org.uk](http://www.childline.org.uk) |
| ParentLine Scotland | 0800 0282233  [www.parentlinescotland.org.uk](http://www.parentlinescotland.org.uk) |
| NSPCC Child Protection in Sport Unit | 0116 234 7278  [www.thecpsu.org.uk](http://www.thecpsu.org.uk) |
| Scottish Disability Sport | 0131 317 1130  [www.scottishdisabilitysport.com](http://www.scottishdisabilitysport.com) |
| Volunteer Scotland Disclosure Services | General Helpline: 01786 849 777 [www.volunteerscotland.net/disclosure-services](http://www.volunteerscotland.net/disclosure-services) |
| Disclosure Scotland | 0870 609 6006  [www.disclosurescotland.org.uk](http://www.disclosurescotland.org.uk) |
| For regulations on prescribed information | [www.legislation.gov.uk/ssi/2010/181/pdfs/ssi\_20100181\_en.pdf](http://www.legislation.gov.uk/ssi/2010/181/pdfs/ssi_20100181_en.pdf) |
| Commissioner for Children and Young People | [www.sccyp.org.uk](http://www.sccyp.org.uk) |
| Volunteer Development Scotland: information about disclosure for organisations and individuals | 01786 479 593  [www.vds.org.uk](http://www.vds.org.uk) |
| Legislation | [www.opsi.gov.uk/index.htm](http://www.opsi.gov.uk/index.htm) |
| UK Safer Internet Centre: | [www.saferinternet.org.uk](http://www.saferinternet.org.uk) |
| Child Exploitation Online Protection (CEOP) | [www.ceop.police.uk](http://www.ceop.police.uk) |
| Respect Me: Scotland’s anti-bullying service | [www.respectme.org.uk](http://www.respectme.org.uk) |
| Police Scotland | To report a crime: 101 |
| Young Minds: The voice for young people’s mental health and wellbeing | [www.youngminds.org.uk](http://www.youngminds.org.uk) |
| Internet Watch Foundation: UK hotline for reporting criminal online content | [www.iwf.org.uk](http://www.iwf.org.uk) |
| The Mix: Free confidential help for young people under 25yrs | [www.themix.org.uk](http://www.themix.org.uk) |
| Papyrus: prevention of young suicide | www.papyrus-uk.org |
| Crimestoppers:  Crimes can be reported anonymously | www.crimestoppers-uk.org |
| Rape Crisis Scotland | www.rapecrisisscotland.org.uk |